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## Weight Bearing

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These maneuvers are designed to improve weight bearing and limb strengthening.

***Two Legged Standing (walking)*** - (Figure 25 and Video 15) The owner stands on the unaffected side of the dog. The owner lifts the unaffected front and rear limbs off the ground to allow weight shifting to the affected limb and opposite side. Repeat 2-3 times, 2-3 times daily. The position is held from 2-5 seconds initially and the time can be increased as the dog's strength increases. Gently move the dog away from you to increase difficulty and make the dog walk (hop) on the affected side.

### INSTRUCTIONS:

REPEAT \_\_\_\_\_ TIMES, HOLD \_\_\_\_\_ SECONDS, \_\_\_\_\_ TIMES DAILY



Figure 25

Taken with permission from: A Manual of Basic Therapeutic Exercise for the Dog. Dennis Caywood DVM, MS, DACVS, CCRT